

***Meditation is about being more.
It gives you strength and centeredness
to go beyond your limits.***



Be Anything. Do Anything.

Awakening the Third Eye

This dynamic two-day workshop presents meditation skills for modern people through a grounded and practical approach. It is designed for people who lead busy lives.

A key principle is see for yourself, know for yourself. The techniques lead to a development of vision that cuts through appearances and perceives the reality of the world and yourself.

Beyond relaxation, this style of meditation raises the voltage of consciousness. Develop inner stillness and sharper awareness. Learn how not to get rocked by the waves around you.



www.clairvision.org

Workshop Information

**Saturday & Sunday
October 1-2**

At the workshop you will learn:

- Third eye-based meditation
- Practices to develop more focus and clarity
- How to use energetic protection to seal yourself from draining effects in your environment
- To create a heart space at will
- Methods to prevent fatigue
- Night Practice for fast recuperation and improved quality of sleep

Price: \$200.00

Early Bird: \$180.00 (by Sept.17)

Student Discount: \$100.00

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